

MENU

All Ingredients are Tasty & Vegan
...yup, the “meats” & even the “dairy” (usually made with Creamy Cashew)

FOOD

Staples \$9

Avocado on Toast* **G**

Avocado w. Savory Black Bean Mash
on a pair of Harvest Grain Bread
Enhance w. Mushrooms for \$2!

Portobello Panini* **G S**

Sautéed Mushrooms, Caramelized Onions
w. Tomato Mayo' on Peasant Bread
Enhance w. Avocado for \$2!

Tuna Salad Wrap* **G S**

Zesty Tuna Style Chickpea
made w. Diced Red Onions & Celery
Enhance w. Avocado for \$2!

BLT Taco* **G S**

Smokey 'Facon' w. Lettuce & Tomato
on a pair of Tortillas w. Tomato Mayo'
Enhance w. Avocado for \$2!

***Gluten Free Option:** Organic Corn Tortillas!

DRINKS

Juices \$5

Apple Zinger

Apple, Celery, Cucumber, Lemon,
Ginger & Parsley

Beet Box

Beet, Orange, Carrot, Ginger, Lemon & Mint

Sunrise

Orange, Carrot, Lemon & Ginger

Smoothies \$6

**Add Vegan Protein \$2 or Nut Butter for \$1*

Let's Tango, Mango

Mango, Orange & Banana

Purple Haze

Blueberry, Banana, Apple & Mint

Peanut Punch

Peanut Butter, Banana, Maple Syrup,
Carrot, Cacao, Cinnamon & Ginger

Refresher

Kale, Spinach, Basil, Celery
Apple, Banana & Lemon

Soup \$6

Changes Weekly

Always Tasty, Hearty & Filling

Salad \$10

Caesar Salad **N**

Kale, Romaine Lettuce, Parmesan Cheese,
Chickpea Croutons & Caesar Dressing
Enhance w. Avocado for \$2!

Buddha Bowl \$11

Changes Weekly

a Grain paired w. a Mini-Salad
Immersed in a Rich & Flavorful Sauce
Enhance w. Avocado for \$2!

G: Has Gluten **S:** Has Soy **N:** Contains a Nut. Usually a Cashew Sauce

Please Let us know if you have any Severe Allergies

vegetalien.life
845-765-1943